

# THE EXTRACURRICULAR

## THE EXTRACURRICULAR ACTIVITIES OF THE APEEE IV

2019-2020





# Presentation

In the coming school year 2019, we have the pleasure to present you our updated offer regarding the extra-curricular activities from level 1 to level 5.

The extra-curricular service of the APEEE offers you a multitude of artistic, musical and sporting activities on the EEB4 site or nearby.

A team of highly competent monitors teach a variety of activities in French and English while fostering the playful aspect.

## Practical information

Activities last 50 minutes (childcare is one hour) and take place after school. The amount displayed corresponds to the price for the entire school year. If your child is registered to the Transport service, you can choose the option "*Return by bus*" when you register for an extracurricular activity and we will complete his bus subscription to the APEEE.

A large yellow arrow pointing to the right, serving as a background for the text.

# **Secondary Section**

# S1-S2

## Important notices :

The extracurricular activities start for secondary students on October 14th which explains the price difference comparing to nursery and primary activities.

If your child is in S1-S2 and its school schedule enables him/her to attend an extracurricular activity at 3:10pm, please contact the Extracurricular office - Thank you for waiting to receive the final version of the school schedule before contacting the Extracurricular Office.

Please note that there is **NO school bus** running after 5:10PM.

There is also no bus running on Wednesday afternoon after the extra-curricular activities.



# Scientific workshop



The activity aims to put science in the hands of students in a fun way.

The activity will be divided into several themes such as robotics, sound, rhythm, music and the technologies of everyday life.



Monday



295 €

Codes :

1401

# Advanced Yoga



To perfect the basics of energetic yoga, the postures of sun salutation, breathing. These are the necessary foundations for a freer and more fluid practice afterwards.



Friday

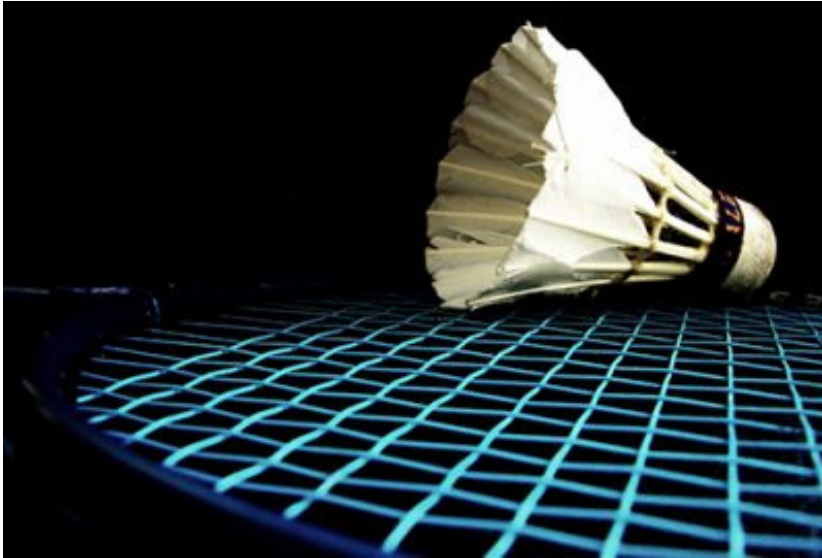


225 €

Codes :

5403

# Badminton



This activity combines in a fun way introductory courses and small friendly tournaments.



Wednesday



280€

Codes :

3406

# Judo



This course teaches the basic techniques of this martial art and its moral code: civility, confidence, honesty, dignity, respect, self-control and friendship.

Parents will need to purchase some additional equipment (approximately 40€) – To be checked with the monitor.



Tuesday - Thursday



230 €

Codes :

2402 - 4401

# Advanced Fencing



Fencing is a fighting sport that favours the playful opposition situations. Fencing requires to be able to take on different social roles: shooter, referee, teammate, or opponent.

Through these different roles your child will be encouraged to communicate within the group, to respect its opponent as well as the rules of life of the group.



Monday



280€

Codes :

3401

# Advanced Chess



Activity that allows you to familiarize yourself with the game of chess and develop reflection, strategy and concentration.



Wednesday



280€

Codes :

3405

# Football



Warm up, skills, matches, goal scoring etc.  
The activity is indoors during wintertime.



Monday - Friday



220 €

Codes : 1402 - 5401

# Mindfulness



Learn how to be really present in the moment, attentive, without being carried away by the agitation of the moment, without yielding to your impulses. More than a technique, it is really an education to be in relation with oneself and with the world around us, with openness, respect and benevolence.



Thursday



265€

Codes : 4403



# Advanced choir



Find your voice and improve your technique with an experienced singing coach. The singing lessons are in three parts: warm-up, voice development and repertoire. A complete training for your voice!



Tuesday & Friday



220 €

Codes : 2405 - 5404

# Basketball



Whether it is to learn the sport or to perfect basic techniques and tactics, this activity is ideal to increase your level of play. Basketball practices will be interspersed with introduction to physical preparation.



Monday - Friday



235€

Codes : 1403 - 5402

# French theater

# English theater



Create characters; learn about plays, the stage and your audience. Learn about different aspects of the theatre through a range of exercises which will enable children to discover the art of comedy.

Knowledge of the French or English language is essential for this activity.



Tuesday - Thursday



220 €

Codes: 2403 - 4402



Tuesday - Thursday



220 €

Codes: 2404 - 4404

# Jewellery workshop



This workshop consists of the realization of various accessories, such as earrings, bracelets, necklaces, with wooden, plastic or stone beads.



Thursday



265 €

Codes :

4405

# Advanced Taekwondo



Activity that allows to set up a learning and mastery of the different fundamental techniques of this martial art, as well as its moral code: politeness, courage, sincerity, honour, modesty, respect, self-control and friendship.

Parents will have to pay for the purchase of a dobok (approximately 50€) - to be discussed with the teacher.



Tuesday

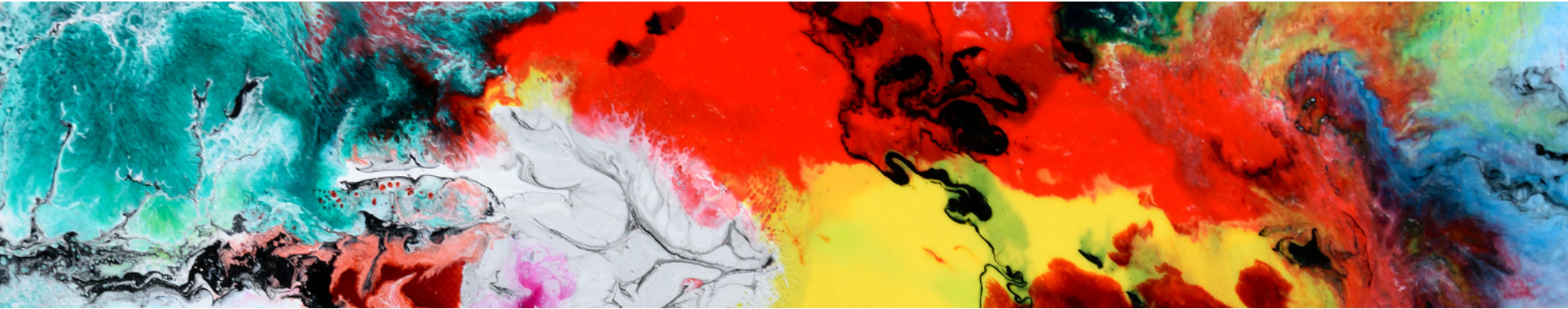


230€

Codes :

2401

# Advanced Art workshop



Various techniques and media will be offered to children (pastel, Indian ink, watercolour, colour pencils, collage, relief technique, etc.) to encourage them to explore the world of colours.

This workshop required at least 1 year of attending the art workshop.



Wednesday



280 €

**Codes :**

3403

# Theatre in Italian

# Theatre in Greek



Create characters; learn about plays, the stage and your audience. Learn about different aspects of the theatre through a range of exercises which will enable children to discover the art of comedy.

🕒 Monday (1h) - Wednesday (1h30)

€ 220 € 280€

Codes: 1404 3407

🕒 Friday

€ 220 €

Codes: 5405

# Lunch time supervision



Lunchtime supervision is only available to children enrolled in an extracurricular activity on Wednesday afternoons.

There are two formulas:

- Lunch supervision + hot dish (275€)
- Lunchtime supervision / children bring their own sandwiches (160€)



Wednesday 12:40 - 1:30PM



275 €

160€

Codes:

3009

3004

## Enrollment to Extra-Curricular Activities for the Academic Year 2019-2020.

Please note the following important information before enrolling your child in any extra-curricular activities.

1. All enrollments are being processed on a “first come, first served basis”.
2. Enrollments will remain open on a continuing basis until activities are fully subscribed.
3. Each subscription in an extracurricular activity match to one order. Therefore, if you have 5 orders, you will receive 5 different structured communications for the payment. In addition, you can only register your child for a maximum of 7 activities (If you wish to register your child to more than 7 activities, please contact us by email. It is not possible to cancel an activity after the beginning of the extra-curricular activities (14th of October 2019)).
5. In case of cancellation after the beginning of the extra-curricular activities, the total amount of the activity will be due.
6. Please do not register your children in an activity which is not being offered to their age group (e.g. please don't register a child in P4 in an activity which has been organized for S1). These enrollments will be treated as void.
7. Please do not register your child to different activities for the same hour. In this case only the first enrollment will be considered.
8. If you wish to enroll your child in an activity on a Wednesday afternoon and your child is not registered to attend the OIB child care centre in Laeken, you must register to lunchtime supervision (picnic or hot meal) in addition to the activity itself.
9. There is no school bus running on Wednesday afternoon after the extra-curricular activities.
10. Please note that enrolment in an extra-curricular activity does not guarantee your child a place on the bus for the second departure. You will need to enroll your child separately for APEEE transport and/or make your own transport arrangements. Please also note that some off-site activities require you to collect your child from that location (e.g. swimming).

We urge you to read the Extracurricular Activity Regulations before enrolling your child. You will find information regarding cancellations, refunds and switching activities. By registering your child, you will be considered to have read and accepted the policy in its entirety.

# SCHEDULE AND PRICE

## Secondary Section

Activity

Price

Schedule



€

M

16:10-  
17:10

Tu

16:10-  
17:10

W

15:15-  
16:45

Th

16:10-  
17:10

F

16:10-  
17:10

SCIENTIFIC WORKSHOP

295 €



ADVANCED YOGA

225 €



THEATRE IN ITALIAN

220€ / 280€



THEATRE IN GREEK

220€



ADVANCED TAEKWONDO

230 €



MINDFULNESS

265 €





# Activity

# Price

# Schedule



€

M

16:10-17:10

Tu

16:10-17:10

W

15:15-16:45

Th

16:10-17:10

F

16:10-17:10

JUDO

230 €



CHORALE (ADVANCED)

230 €



BASKETBALL

235 €



JEWELLERY WORKSHOP

270 €



BADMINTON

280€



FOOTBALL

220 €



# Activity

# Price

# Schedule



€

M

16:10-  
17:10

Tu

16:10-  
17:10

W

12:50-  
13:30

15:15-  
16:45

Th

16:10-  
17:10

F

16:10-  
17:10

CHESS (ADVANCED)

280 €



FENCING (ADVANCED)

280 €



ART WORKSHOP

280 €



LUNCH TIME (HOT MEAL)

275 €



LUNCH TIME  
(SUPERVISION ONLY)

160€



***NEED HELP ?***

## Contact us

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