## THE EXTRACURRICULAR

# THE EXTRACURRICULAR ACTIVITIES OF THE APEEE IV



## Secondary Section

# S1-S2

#### Important notices:

The extracurricular activities start for secondary students in October which explains the price difference comparing to nursery and primary activities. If your child is in S1-S2 and its school schedule enbales him/her to attend an extracurricular activity at 3:10pm, please contact the Extracurricular office.

Thank you for waitting to receive the final version of the school schedule before contacting the Extracurricular Office.

Please note that there is NO school bus running after 5:10PM.

There is also no bus running on wednesday afternoon after the extra-curricular activities.





The activity aims to put science in the hands of students in a fun way.

The activity will be divided into several themes such as robotics, sound, rhythm, music and the technologies of everyday life.

Monday

€. 295 €

Codes: 1401

## School \*Newspaper



This workshop aims to stir up student's imagination through writing to experience the power of words and see how they can have fun transforming their reality. Between journalistic investigation, creative writing and distorting games, the students will be invited to explore their well-known environment, the things they use -often or sometimes, the place they go to -because they have to or by choice, the words they use - formal language or slang, to reinvent them and so maybe reveal the secret life of things.

Wednesday

€ 335 €

## **Musical Comedy**



Do you like music, dance and theater?

Do you like to sing from morning to night and like to dance in front of your mirror?

Then, the musical course is for you!

**Wednesday** 

€ 335 €

Codes: 3405





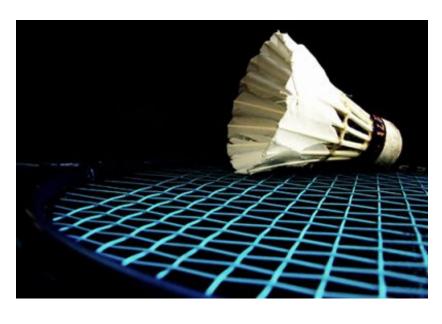
In this workshop, we will have a lot to do, since it is a year project of movie making! And this from the very beginning by writing the script to the end. We will also work on the editing, adding special effects, sound mixing, etc. Each student will have a particular role (actor / actress, of course, cameraman, sound taker, chief operator...)

Wednesday

€ 335 €

### **Badminton**

#### Judo



This activity combines in a fun way introductory courses and small friendly tournaments.

(L) Wednesday

€ 280€

**Codes**: 3406



This course teaches the basic techniques of this martial art and its moral code: civility, confidence, honesty, dignity, respect, selfcontrol and friendship.

Parents will need to purchase some additional equipment (approximately 40€) – To be checked with the monitor.

Tuesday - Thursday

**€** 230 €

Codes: 2402 - 4401

#### **Football**



Warm up, skills, matches, goal scoring etc. The activity is indoors during wintertime.

Friday

**€**, 220 €

**Codes:** 5401

## Mindfulness



Learn how to be really present in the moment, attentive, without being carried away by the agitation of the moment, without yielding to your impulses. More than a technique, it is really an education to be in relation with oneself and with the world around us, with openness, respect and benevolence.

Thursday

€, 265€

#### Aikido

## German theater





This course teaches the basic techniques of this martial art and its moral code: civility, confidence, honesty, dignity, respect, self-control and friendship.

develop their artistic and expressive skills but also to improve their social and interpersonal skills. Drama draws on your imagination, creativity, listening skills, group work, self-confidence, confidence in others and your concentration.

Knowledge of German is compulsory

Monday

€ 240€

Codes : 1403

€ .230€

## Taekwondo (advanced)



In this activity you will learn the different basic techniques required for this martial art as well as its moral code: politeness, courage, sincerity, honour, modesty, respect, self-control and friendship.

Parents will need to purchase some equipment for this activity ("dobok" approximately 50€) – To be checked with the monitor.

U Tuesday - Thursday

€ 230€

Codes: 2401 - 4405

## French theater

## English theater



Create characters; learn about plays, the stage and your audience. Learn about different aspects of the theatre through a range of exercises which will enable children to discover the art of comedy.

Tuesday - Thursday

Codes: Codes: 2404 - 4402

(J) Tuesday - Thursday

2404 - 4404

# S3-S4-S5 S6-S7



## School Newspaper 🗾



This workshop aims to stir up student's imagination through writing to experience the power of words and see how they can have fun transforming their reality. Between journalistic investigation, creative writing and distorting games, the students will be invited to explore their well-known environment, the things they use -often or sometimes, the place they go to -because they have to or by choice, the words they use - formal language or slang, to reinvent them and so maybe reveal the secret life of things.

The workshop will integrate a preliminary exploration, several writing propositions, possibly the production of visuals to illustrate the texts - depending on students' will, and all the steps of the production of an edition. At the end, each of the participants will get his/her own volume.

(L) Wednesday

**€**, 335 €



## Musical comedy



Do you like music, dance and theater? Do you like to sing from morning to night and like to dance in front of your mirror? Then, the musical course is for you!

Wednesday (<u>1</u>)

335€

Codes: 3504



## Multimédia 🞬 Workshop





In this workshop, we will have a lot to do, since it is a year project of movie making! And this from the very beginning by writing the script to the end. We will also work on the editing, adding special effects, sound mixing, etc. Each student will have a particular role (actor / actress, of course, cameraman, sound taker, chief operator...)

> U Wednesday

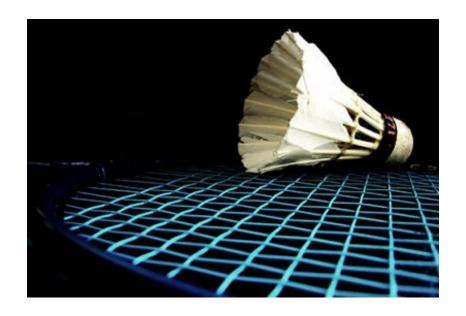
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#### Mindfulness



Learn how to be really present in the moment, attentive, without being carried away by the agitation of the moment, without yielding to its impulses. More than a technique, it is really an education to be in relation with oneself and with the world around us, with openness, respect and benevolence.

#### **Badminton**



This activity combines in a fun way introductory courses and small friendly tournaments.

Thursday

€ 265€

**Codes:** 4502

**Wednesday** 

€ 280€

## Taekwondo (advanced)



In this activity you will learn the different basic techniques required for this martial art as well as its moral code: politeness, courage, sincerity, honour, modesty, respect, self-control and friendship.

Parents will need to purchase some equipment for this activity ("dobok" approximately 50€) – To be checked with the monitor.

**S** Thursday

€ 230€

Codes: 4501

#### Judo



This course teaches the basic techniques of this martial art and its moral code: civility, confidence, honesty, dignity, respect, selfcontrol and friendship.

Parents will need to purchase some additional equipment (approximately 40€) – To be checked with the monitor.

Thursday

**€** 230 €

#### Basketball



Whether you want to learn this sport for the first time or want to perfect the basic techniques and tactics, this activity is ideal to raise the standard of your game. Basketball games will be interspersed with warm up and skills sessions.

Friday

Codes:

235 €

5501

#### **Football**



Warm up, skills, matches, goal scoring etc. The activity is indoors during wintertime.

Friday

**€** 220 €

## SCHEDULE AND PRICE

**Secondary Section** 

17:10

Activity	Price €	Schedule			
		16:10- 17:10	<b>Tu</b> 16:10- 17:10	<b>W</b> 15:15- 16:45	<b>Th</b> 16:10- 17:10
SCIENTIFIC WORKSHOP	295 €				
AIKIDO	230 €				
THEATER DE	240 €				
MULTIMEDIA WORKSHOP	335 €				
TAEKWONDO ADVANCED	230 €				
MINDFULNESS	265 €				

Activity	Price	Schedule
	€	M Tu W Th F  16:10- 17:10  16:10- 17:10  16:45  Th F  16:10- 16:10- 17:10  16:10- 17:10
JUDO	230 €	
MUSICAL COMEDY	335 €	
BASKETBALL	235 €	
SCHOOL NEWSPAPER	335 €	
BADMINTON	280€	
FOOTBALL	220 €	

## NEED HELP?

#### **Contact us**



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